



CONFIDENTIAL

DATE _____

**American Association of Orthodontics
MEDICAL DENTAL HISTORY FORM-ADULT**

Patient's Last Name: _____ **First Name:** _____ **Initial:** _____

Birthdate _____ **Age** _____ **Biological/Genetic Sex:** Male _____ Female _____

Name of Spouse/Closest relative: _____ **Phone #:** _____

Relationship to You: _____

Address (if different than yours): _____

City: _____ **State:** _____ **Zip:** _____

What Concerns YOU about your teeth? _____

Name of Patient's DENTIST: _____ **Phone#:** _____

Dentist Address: _____

City: _____ **State:** _____ **Zip:** _____

Date Last Seen: _____ **Reason:** _____

Name of Patient's PHYSICIAN: _____ **Phone#:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Date Last Seen: _____ **Reason:** _____

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A thorough medical history is essential to an orthodontic evaluation. For the following questions, please mark yes, no, or don't know (dk). If there is more than one option, please circle the correct one or write in at the bottom.

If you mark "YES, please explain.

MEDICAL HISTORY ALLERGIES

Now or in the past, have you had:

Have you had reactions to any of the following?

☐Yes ☐No ☐dk Birth defects or heredity problems? (Explain Below) ☐Yes ☐No ☐dk Local anesthetics (Novocaine, Lidocaine)

☐Yes ☐No ☐dk Bone fractures/major injuries? (Explain Below) ☐Yes ☐No ☐dk Latex (Gloves, balloons)

☐Yes ☐No ☐dk Injuries to head, face, neck? (Explain Below) ☐Yes ☐No ☐dk Aspirin

☐Yes ☐No ☐dk Arthritis or joint problems? (Explain Below) ☐Yes ☐No ☐dk Ibuprofen (Motrin, Advil)

☐Yes ☐No ☐dk Cancer, tumor, radiation or chemotherapy? ☐Yes ☐No ☐dk Penicillin, Amoxicillin

☐Yes ☐No ☐dk Endocrine or thyroid problems? (Explain Below) ☐Yes ☐No ☐dk Other antibiotics

☐Yes ☐No ☐dk Diabetes or low sugar? ☐Yes ☐No ☐dk Metals (jewelry, clothing, nickel)

☐Yes ☐No ☐dk Kidney problems? (Explain Below) ☐Yes ☐No ☐dk Acrylics

☐Yes ☐No ☐dk Immune system problems? (Explain Below) ☐Yes ☐No ☐dk Plant pollens

☐Yes ☐No ☐dk Osteoporosis or taking bone medications? (Explain Below) ☐Yes ☐No ☐dk Animals

☐Yes ☐No ☐dk Skin disorder (other than common acne)? ☐Yes ☐No ☐dk Food _____

☐Yes ☐No ☐dk Hepatitis, jaundice, or liver problems? (Explain Below) ☐Yes ☐No ☐dk Other substances:

☐Yes ☐No ☐dk Polio, mononucleosis, tuberculosis, pneumonia? _____

☐Yes ☐No ☐dk Gonorrhea, syphilis, herpes, sexually transmitted infections?

☐Yes ☐No ☐dk Heart defects, heart murmur, rheumatic heart disease? (Explain Below)

☐Yes ☐No ☐dk Chest pain, shortness of breath, tire easily, swollen ankles? **DENTAL HISTORY**

☐Yes ☐No ☐dk Mental health issue? _____ **Now or in the past, have you had:**

☐Yes ☐No ☐dk Eating disorder (anorexia, bulimia, etc)? (Explain Below) ☐Yes ☐No ☐dk Any lost or broken fillings?

- ☐Yes ☐No ☐dk Acid Reflux or GERD? (Explain Below) ☐Yes ☐No ☐dk Had an orthodontic consultation before?
- ☐Yes ☐No ☐dk High or low blood pressure? (Circle one) ☐Yes ☐No ☐dk Permanent/extra teeth removed?
- ☐Yes ☐No ☐dk Excessive bleeding/bruising tendency, anemia? ☐Yes ☐No ☐dk Extra or missing permanent/adult teeth?
- ☐Yes ☐No ☐dk Vision, hearing, or speech problems? ☐Yes ☐No ☐dk Chipped or injured teeth?
- ☐Yes ☐No ☐dk Angina, arteriosclerosis, stroke or heart attack? ☐Yes ☐No ☐dk Any sensitive or sore teeth?
- ☐Yes ☐No ☐dk AIDS or HIV positive? ☐Yes ☐No ☐dk Bleeding gums, bad taste or mouth odor?
- ☐Yes ☐No ☐dk Do you eat a well balanced diet? ☐Yes ☐No ☐dk Jaw fractures, cysts, infections?
- ☐Yes ☐No ☐dk Frequent headaches or migraines? (Explain Below) ☐Yes ☐No ☐dk Ever been diagnosed with gum disease?
- ☐Yes ☐No ☐dk Frequent ear infections, colds, throat problems? ☐Yes ☐No ☐dk Frequent canker sores or cold sores?
- ☐Yes ☐No ☐dk Asthma, sinus problems, hay fever? ☐Yes ☐No ☐dk History of speech problems or therapy?
- ☐Yes ☐No ☐dk Tonsils or adenoid condition? (Explain Below) ☐Yes ☐No ☐dk Difficulty breathing through nose?
- ☐Yes ☐No ☐dk Do you frequently breathe through your mouth? ☐Yes ☐No ☐dk Do you snore at night?
- ☐Yes ☐No ☐dk Weight loss medication (Wegovy, Ozempic, etc.)? ☐Yes ☐No ☐dk Food impaction between teeth?
- ☐Yes ☐No ☐dk Frequent oral habits? _____
- ☐Yes ☐No ☐dk Teeth causing irritation to lip, cheek or gums?

OTHER/EXPLANATION: _____ ☐Yes ☐No ☐dk Tooth grinding or clenching?

☐Yes ☐No ☐dk Clicking, locking in jaw joints?

_____ ☐Yes ☐No ☐dk Soreness in jaw or face muscles?

☐Yes ☐No ☐dk Ringing in ears?

_____ ☐Yes ☐No ☐dk Difficulty in chewing or opening jaw?

☐Yes ☐No ☐dk Any serious trouble with previous dental work?

ADDITIONAL HISTORY:

Now or in the past, have you had:

☐Yes ☐No ☐dk MRSA?

☐Yes ☐No ☐dk Have you ever taken intravenous bisphosphonates such as Zometa, Aredia, or Didronel for bone disorders or cancer?

☐Yes ☐No ☐dk Have you ever taken oral bisphosphonates such as Fosomax, Actonel, Boniva, Skelid, or Didronel for bone disorders?

☐Yes ☐No ☐dk Have a condition that requires antibiotics before dental procedures? _____

PATIENT HEALTH INFORMATION:

List any medications, nutritional supplements, herbal medications or non-prescription medicines, including fluoride supplements that you take.

Medication _____ Taken
for _____

Medication _____ Taken
for _____

Medication _____ Taken
for _____

Medication _____ Taken
for _____

Medication _____ Taken
for _____

Do you or have you ever had a substance abuse problem? _____

Do you chew or smoke tobacco? _____

Have you noticed any changes in your face or jaws? _____

Any other physical problems? _____

How often do you brush? _____

How often do you floss? _____

Women: Are you pregnant? Yes-Due Date___/___/___ No___ Trying to become pregnant? Yes _____
No_____

FAMILY MEDICAL HISTORY:

Have your parents or siblings ever had any of the following health problems? If so, please explain.

- - Sleep Apnea/ CPAP/ Snoring _____
 - Bleeding disorders _____
 - Diabetes _____
 - Arthritis _____
 - Severe allergies _____
 - Unusual dental problems _____
 - Jaw size imbalance _____
 - Other family medical conditions _____

RELEASE AND WAIVER:

I authorize release of any information regarding my orthodontic treatment to my dental and/or medical insurance company.

Signature _____ Date: _____

I have read the above questions and understand them. I will not hold my orthodontist or any of his/her staff responsible for any errors or omissions that I have made in the completion of this form. I will notify my orthodontist of any changes in my medical or dental health.

Signature _____ Date: _____

MEDICAL HISTORY UPDATES OR CHANGES:

Changes ____ Yes ____ No

Patient signature _____ Date _____

Dental Staff Signature _____ Date _____

Changes ____ Yes ____ No

Patient signature _____ Date _____

Dental Staff Signature _____ Date _____

Changes ____ Yes ____ No

Patient signature _____ Date _____

Dental Staff Signature _____ Date _____